



FRESH SAVINGS FROM THURSDAY, May 9th - WEDNESDAY, May 15th



SAVE \$2⁴⁹ /each

2/5⁰⁰
pint

FRESH BLUEBERRIES
Product of USA/Mexico, No.1 Grade



CANADA
AAA
BBQ

SAVE \$8⁰⁰/lb

14⁹⁹
/lb
33.05/kg

FRESH BEEF CAPLESS RIB STEAKS
Cut From Canada AAA Grade Beef, Product of Canada



1⁴⁹
/lb
3.28/kg

SAVE 50¢/lb
FRESH RED TOMATOES ON THE VINE
Product of Ontario, No.1 Grade



1⁴⁹
each

SAVE 50¢
ANTONIO AMATO PASTA
Assorted Varieties, 500g pkg



CANADA
AAA

5⁹⁹
/lb
13.21/kg

SAVE \$4⁰⁰/lb
FRESH BEEF EYE OF ROUND ROAST
Cut From Canada AAA Grade Beef, Product of Canada



4⁹⁹
each

SAVE UP TO \$4⁰⁰
CHAPMAN'S PREMIUM ICE CREAM 2L TUB OR YUKON NOVELTIES PKG OF 5-6
Assorted Varieties



BBQ

14⁹⁹
/lb
33.05/kg

FRESH ATLANTIC SALMON FILLETS



2⁴⁹
each

SAVE 50¢
LOU & NICKY'S PURE WHITE VINEGAR
4L Jug



2⁹⁹ each
FRESH STRAWBERRIES
 Product of USA, No.1 Grade
 1 lb Clamshell



1⁹⁹ each
FRESH LEAF LETTUCE GREEN OR RED
 Product of USA

SAVE 50¢



3⁹⁹ /lb
 8.80/kg
FRESH PINK MUSCATO GRAPES
 Product of Chile, No.1 Grade

SAVE \$2⁰⁰/lb



1⁴⁹ /lb
 3.28/kg
FRESH SWEET VIDALIA ONION
 Product of USA, No.1 Grade

SAVE \$1⁰⁰/lb



.99 each
FRESH SEEDLESS ENGLISH CUCUMBERS
 Product of Ontario, No.1 Grade

SAVE 50¢



4⁹⁹ /lb
 11.00/kg
FRESH LOQUATS (NESPOLI)
 Product of Spain

SAVE \$3⁰⁰/lb



1⁹⁹ /lb
 4.39/kg
FRESH FORELLE PEARS
 Product of South Africa, Fancy Grade

SAVE \$1⁰⁰/lb



1⁴⁹ /lb
 3.28/kg
FRESH GREEN ZUCCHINI
 Product of Mexico

SAVE 50¢/lb



1⁴⁹ /lb
 3.28/kg
FRESH BLACK EGGPLANTS
 Product of Mexico, Large Size

SAVE \$1⁰⁰/lb



3⁹⁹ each
FRESH CANTALOUPE
 Product of Honduras, No.1 Grade

SAVE \$1⁰⁰



2⁹⁹ /lb
 6.59/kg
FRESH WILD TWIST APPLES
 Product of USA, Extra Fancy Grade

SAVE \$1⁰⁰/lb



1⁴⁹ /lb
 3.28/kg
FRESH POTATOES RED, WHITE OR YUKON GOLD
 Product of USA, No.1 Grade

SAVE 50¢/lb



5⁹⁹ each
FRESH HONEYDEW MELONS
 Product of Guatemala

SAVE \$2⁰⁰



2⁹⁹ /lb
 6.59/kg
FRESH ORGANIC LEMONS
 Product of USA

SAVE \$1⁰⁰/lb



3⁹⁹ each
FRESH ORGANIC GINGER OR GARLIC
 Product of USA/Peru
 180g pkg

SAVE \$1⁰⁰



2⁴⁹ each
FRESH SPINACH
 Product of USA
 227g Cello pkg

SAVE 50¢

GROCERY



SAVE \$2⁰⁰

2⁹⁹ DI BARI PASTA
Assorted Varieties
each 500g pkg



SAVE \$1⁰⁰

1⁹⁹ LA MOLISANA
PASSATA DI
POMODORO
each 680ml Bottle



SAVE 60c

.79 WHITE ROCK
SELTZER WATER
Assorted Varieties
1L Bottle



SAVE 50c

1⁹⁹ KAZBEGI
CARBONATED
LEMONADE
each Pear or Tarragon
500ml Bottle



SAVE \$1⁰⁰

3⁹⁹ GLORIA BABY DILL
PICKLES
each 1L Jar



SAVE 50c

1⁹⁹ KALA SEA SALT
each 750g pkg



SAVE \$2⁰⁰

8⁹⁹ KRINOS FROZEN FILO
TWISTERS
each Assorted Varieties
110g Box



SAVE 20c

1²⁹ MR. GOUDAS
MUSHROOMS PIECES
& STEMS
each 284ml Tin



SAVE 20c

2⁴⁹ UNICO SOLID LIGHT
TUNA IN OIL
each 198g Tin



SAVE \$1⁵⁰

8⁹⁹ VIPRO ROASTED RED
PEPPER SPREAD
each Mild or Hot
720ml Jar



SAVE UP TO \$1⁵⁰

3⁹⁹ PEARL MILLING
PANCAKE MIX 905G
OR SYRUP 710ML

DAIRY



SAVE 60c

.69 ASTRO YOGURT
ORIGINAL
each Assorted Varieties
175g Tub



SAVE \$3⁰⁰

2⁹⁹ BLACK DIAMOND
CHEESE SLICES
each Assorted Varieties
410g pkg



SAVE \$2⁵⁰

5⁹⁹ LACTANTIA HEALTHY
ATTITUDE OR OLIVINA
each MARGARINE
850g Tub



SAVE \$1⁰⁰

4⁹⁹ ENJOY PLANT BASED
BEVERAGE ALMOND,
each OAT OR HAZELNUT
1.75L Carton

FRESH CHOPS/DELI



SAVE \$1.00/lb

3⁹⁹ /lb
8.80 kg
FRESH ONTARIO BONELESS PORK LOIN ROAST



SAVE \$3.00/lb

26⁹⁹ /lb
59.50 kg
FRESH BEEF TENDERLOIN STEAKS
Cut From Canada AAA Grade Beef, Product of Canada



6⁹⁹ /lb
15.41 kg
FRESH BEEF STIR FRY
Cut from Canada AAA Grade Beef, Product of Canada



8⁹⁹ /lb
19.82 kg
FRESH BEEF EYE OF ROUND STEAKS
Cut from Canada AAA Grade Beef, Product of Canada



12⁹⁹ /lb
28.64 kg
IMPORTED FROM ITALY FELINO BONELESS ITALIAN PROSCUITTO
Freshly Sliced at the Deli



5⁹⁹ /lb
13.21 kg
WAGENERS BLACK FOREST HAM
Freshly Sliced at the Deli



5⁹⁹ each
500g Vac pack
SANTA LUCIA FRESH RICOTTA CHEESE



10⁹⁹ /lb
24.23 kg
SANTA LUCIA BOCCONCINI CHEESE
At the Deli

MOTHER'D DAY



SAVE \$1.00

15⁹⁹ each
FRESH 11" HANGING BASKETS
Assorted Colours



SAVE \$1.00

17⁹⁹ each
FRESH MEDIUM CUT FLOWER BOUQUETS



SAVE \$1.00

22⁹⁹ each
5" Pot
FRESH ORCHIDS



SAVE \$2.00

10⁹⁹ 150g pkg
BACI PERUGINA CHOCOLATES
Original or Milk

OVEN FRESH BAKERY



SAVE \$2.00

27⁹⁹ each
DUFFLET FRESH 6" CAKES
Assorted Varieties, **Dufflet Fresh Cakelet \$17.99 each**



6/ 10⁹⁹ **FRESH STORE-MADE CHOCOLATE DIPPED STRAWBERRIES**
\$1.99 each



SAVE \$1.00

17⁹⁹ dozen
COPPAS FRESH MARKET STORE-MADE FRESH ASSORTED PASTRIES

VISIT OUR 3 GRAND LOCATIONS

KING CITY

1700 King Rd.
King's Ridge Market-
place
905.833.7035

HOURS

Mon - Thu 8 a.m. - 9 p.m.
Fri - Sat 8 a.m. - 10 p.m.
Sunday 8 a.m. - 8 p.m.

SCARBOROUGH

148 Bennett Rd.
(at Lawrence Ave.)
416.282.5759

HOURS

Mon - Sat 8 a.m. - 9 p.m.
Sunday 8 a.m. - 8 p.m.

NORTH YORK

4750 Dufferin St.
(at SuperTest Rd.)
416.736.6606

HOURS

Mon - Sat 7 a.m. - 10 p.m.
Sunday 8 a.m. - 8 p.m.

Although we strive for accuracy in illustration, copy and regulatory requirements, unintentional errors may occur. We reserve the right to limit quantities